



# “Growing Up”

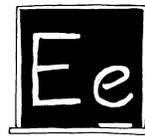
## What’s new in our class this week

Through songs, rhymes, and fun activities, we are learning about

### “Growing Up”!

This week we will talk about how we are different now than we were when we were babies, by using words that describe *growth* and *change*. We will also learn about all the special things we can do now that we were not able to do when we were babies.

## New Letter



### Big “E” and little “e”

Some “E” words we will talk about are Egg, Elephant, Elbow and Excited!

## Letter Talk

“Letter Talk” is what we use to help children learn how to form letters!

### Letter Talk for big ‘E’

Straight line down, line across at the top, at the middle, and at the bottom.

### Letter Talk for little ‘e’

Curve left, straight line across the middle.

Use your finger to draw letters in the air or in the palm of your hand!

## New Concept

### Order of Details

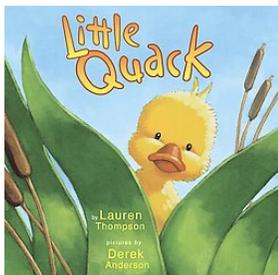
Remembering the order of details in books or the order in which we do things is an important skill especially as children begin to learn to write. As your child’s writing begins to include more details it is important that their stories have a **beginning**, a **middle**, and an **end**.

## New Song



### “One, Two, Buckle My Shoe”

## New Book: “Little Quack” by Lauren Thompson



*Little Quack* is about baby ducks that follow their mother everywhere she goes. In the story, mother duck teaches her ducklings and keeps them safe. First, the little ducks are cautious about leaving their nest. **We will talk about how the little ducks feel as mother duck tells them it is time to leave the nest.** This book also helps children see the order of details in a story. First, the ducklings are babies, next, they leave the nest, and lastly, they enjoy their new found freedom. You can help your child by talking about how he or she has grown and changed since they were first born.

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## Your Child's Life

Help your child see how much they have grown over the years.

- Children enjoy looking at their pictures when they were babies. Go through photo albums and talk about the pictures.
- Talk with your child about changes that can happen as you grow. For example, you will lose your baby teeth and grow permanent teeth.
- Hang a growth chart on a door and keep track of their height and weight. Show them how they are growing.
- Ask your child what they can do now that they couldn't do when they were younger or smaller.
- If possible, visit the hospital that your child was born.

Talk with your child about what it was like for **you** when you were growing up and show pictures of you as a child.



### Books related to theme

- "I Can Do It Myself" by Emily Perl Kingsley
- "D.W.'s Guide to Preschool" by Marc Brown
- "The Big Day at School" by Eleanor Fremont
- "I Like Me" by Nancy Carlson
- "Growing Like Me" by Anne Rockwell
- "One Day, Daddy" by Frances Thomas

## Try These Tips at Home

### Teach your child about: Order of Stories & Events

- **Emphasize the order of your morning routine.** "First" you get out of bed, "next" you eat breakfast, and "last" you leave for school.
- **Involve your child with dinner preparation.** Let your child help you set the table and explain that "first" you set the table, "next" you eat dinner, and "last" you clear the table of the dirty plates.
- **Play a game with your child after you read a story.** Tell your child about an event from the story and ask your child if it happened at the beginning, the middle, or the end of the story.

### Help your child learn the letters: E and e

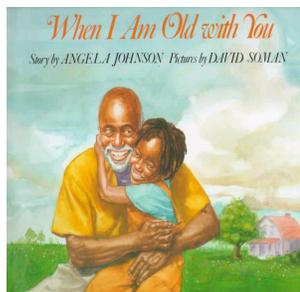
- Play "I Spy" by looking for the letter "E" on billboards, in the grocery store and in the car.
- Let your child look through a newspaper or magazine you are finished reading and let your circle or underline all the "E's" he or she can find on the page.

### Help your child learn more about: Growing Up

- **Talk with your child about how you grew up over the years.** First, talk about how you were first a baby, then a child, and now you are an adult. Share with your child some special memories you have of you growing up.
- **Ask your child what they want to be when they grow up.** Share with your child what you wanted to be as a child when you grew up.

## Book Pick: "When I am Old with You"

Written by Angela Johnson, Illustrated by David Soman



A young child dreams of the future and being as old as his grandfather. He dreams that he will join him in activities such as going fishing, visiting the ocean, and eating bacon on the porch in the big rocking chair. The young child and the grandfather enjoy each other's company as they walk on the beach, ride on a tractor, and visit friends. Your child will enjoy the wonderful watercolor pictures throughout the book and you will enjoy family love portrayed in this book.

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