

“Foods”

What’s new in our class this week

We are learning songs, rhymes, and doing activities related to our theme “Foods”!

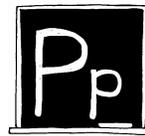
This week we will be talking about our favorite foods and we will find out which food our class likes to eat the most.

New Concept: Rhyming



We will learn about the concept of rhyming. This is an important concept as your child learns to read, because it will help your child read “word families”, such as cat, mat, bat and hat. **Recognizing the different sounds at the beginning of words is important.** This is a valuable *listening* skill for beginning readers.

New Letter



Big “P” and little “p”

Some “P” words we will talk about are Peanuts, Potato, Picnic, Purple and Plates!

Letter Talk

“Letter Talk” is what we use to help children learn how to form letters!

Letter Talk for big ‘P’

Straight line down. Go to the top of this line. Curved line out, down, and around until you touch the middle of the straight line.

Letter Talk for little ‘p’

Straight line down. Go to the top. Make a circle that goes around and touches the line.

Draw letters in the air or trace letters you find!

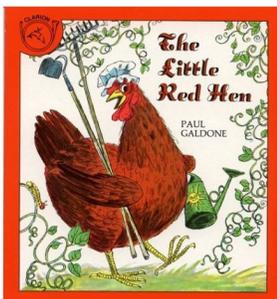
Song we are singing



“Little Miss Muffet”

“One Potato, Two Potato”

New Book: “The Little Red Hen” by Paul Galdone



We will be reading *The Little Red Hen*. This folktale is about a hen that grows wheat and uses it to make a cake. We will also talk about **predictions** and **predictable language**. For example, in the story everyone tells the Little Red Hen “Not I!” as she asks for help. This is a very predictable response and children enjoy chanting that at the correct point in the story.

Being able to make predictions about a story is a critical skill as children learn to read. You can help your child with this skill by asking your child what he or she predicts they will see at the grocery store or what they predict you will do after dinner.

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The Grocery Store

A trip to the grocery store is full of opportunities to teach your child new things.

1. Before you leave for the store, have your child help make the grocery list .
2. While at the store, discuss the food item, such as size, shape, color, and texture as you put items in the cart.
3. The store is full of signs and words to read. Have your child help find words that begin with a certain letter. For example, the letter P would be poultry or pasta.
4. To keep your child occupied in line, ask questions that have no right or wrong answers, such as “Let’s pretend we are having a supper party and you get to choose the menu. What would you like to serve”?
5. When you arrive home and sort the groceries, ask your child to help put away all the food items that begin with the letter “P”.

Try These Tips at Home

Teach your child about: Rhyming

- Say a word and have your child change the first letter to create a rhyming word. (Mug becomes bug, lug, pug)
- Ask your child questions such as “What food can you think of that rhymes with the word share?” (pear)
- When singing rhymes with your child, leave rhyming words out and let your child fill in the blank. (Star light, star _____).
- Make up silly rhymes during normal routines. Like when your child goes to bed, you can say “Go to bed, cover your head. Blow your nose, and wiggle your toes”.

Help your child learn the letters: P and p

- When at the grocery store, ask your child to name some fruits and vegetables that begin with P (potatoes, peaches, pears, and pomegranates).
- Look for the letter P while shopping or driving. You can find P on food packages, road signs, and billboards!

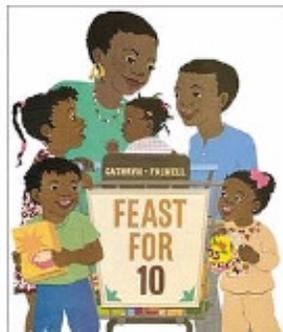
Talk to your child about: Different Types of Food

- Encourage your child to describe the food you are fixing for dinner and how the food tastes.
- Ask your child questions about food, such as “Is an apple a fruit or vegetable?”
- Have each family member talk about a favorite food.

Books related to theme

- “The Little Red Hen Makes a Pizza” retold by Philemon Sturges
- “Meal Time” by Anthony Lewis
- “Eat Your Dinner!” by Virginia Miller
- “Cloudy with a Chance of Meatballs” by Judy and Ron Barrett
- “The Magic School Bus Gets Baked in a Cake” by Joanna Cole, Bruce Degan, and Ted Enik
- “The Very Hungry Caterpillar” by Eric Carle

Book Pick: “Feast for 10” by Cathryn Falwell



Feast for 10 is an excellent rhyming and counting book. It includes a trip to the grocery store, where you can get the chance to count from one to ten. There is another opportunity to count when the family fixes a large family meal for 10 people. The illustrations are very creative and are made of colored paper, different types of fabric, and felt.

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