

## “It’s Me!”

### What’s new in our class this week

We are learning songs and rhymes to help children learn about themselves and each other!

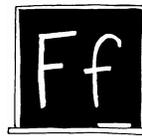
Talking to children about their feelings and interests will help them be able to create their own identity and express themselves.

### New Concept: Feelings



Feelings we are talking about at school include happy, sad, angry, surprised and tired.

### Letter of the Week



#### Big “F” and little “f”

Some “F” words we will talk about are Fish, Firefighter, Fork and Fox!

### Songs we are singing



“Head, Shoulders, Knees and Toes”  
“Where is Thumbkin?”

### Letter Talk

“Letter Talk” is what we use to help children learn how to form letters!

#### Letter Talk for big “F”

Straight line down. Go to the top of this line. Straight line across. Go to the middle and draw straight line across.

#### Letter Talk for little “f”

Curve left and down. Go to the middle. Straight line across.

Draw letters in sand, sugar, cornmeal or in the air!

### New Book: “In Between” by Virginia Griest

At school, we will read “In Between” by Virginia Griest with illustrations by Monica Wellington. The story is about a boy and his family and the activities they share. You can relate the book we are reading to your child’s personal life by talking about the book at home. The boy in the story likes animals, so ask your child what animals the boy like and what animals your child likes. You can also ask your child how your home is the same or different than the boy’s house in the story. This will help your child develop language skills needed to express ideas and feelings.

**Children who read succeed. Read together often!**

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## Writing Kit

*Have everything your child needs to write in one place!*

Using a box, basket or bag, put writing utensils inside- markers, stickers, paper, crayons, pencils, pens. They can write grocery lists, stories, their name, menus, or letters. You may not be able to read what your child has written, but it has meaning to him or her. Be enthusiastic and encouraging!



## My Hometown

Teach children the word “hometown” and explain it is the town where your home is! There are a lot of things you can do to help your child identify their hometown. Teach them to spell the name of your city, such as “Dallas”, ask them to draw their favorite place in town, or take them on a walk around your neighborhood!

## Try These Tips at Home

### Teach your child about: *Feelings*

- Play a “I Feel \_\_\_” guessing game. Start to describe a feeling, and then say “I feel \_\_\_”. For example, “Late at night I yawn. I feel \_\_\_” or “When I get a cookie with lunch, I feel \_\_\_”. Let your child say a feeling and you guess also!
- Encourage your child to describe an object they see that makes them happy or sad and guess what it is. If needed you can help your child describe what they see, this will help build their vocabulary.

### Help your child learn the letters: *F and f*

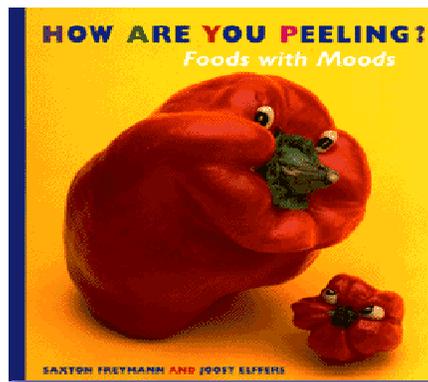
- Talk about things you see while driving or shopping that have the letter “F” on them.
- See how many words your child can think of that begin with the letter “F”.
- When reading to your child, point out words that begin with the letter “F”.

### Help you child learn these new terms: “In Between”, “On Top” & “Go Around”

- When in the kitchen with your child, talk about a box that is “**in between**” two other things in the cabinet.
- Ask your child to put something “**on top**” of the table when they are helping or getting home from school.
- Walk around the block and talk about how you can “**go around**” the block, or you can walk around a table!

### Books related to theme

- “Chrysanthemum” by Kevin Henkes
- “My First Action Rhymes” by Lynne Cravath
- “I Like Myself” by Karen Beaumont
- “The Way I Feel” by Jana Cain



### Book Pick: “How Are You Peeling? Foods with Moods”

By Saxton Freymann and Joost Elffers

This charming book invites you into a world where fruits and vegetables share their moods. Onions cry, oranges smile, and peppers grimace. The big, bold pictures of “foods with moods” will entertain parent and child!

Selected by the New York Times Book Review as one of the Best Illustrated Children’s Books of 1999.